

Gluten Free Menu

Appetizers

- Clams Zuppa**12
Fresh steamed littleneck clams in your choice of red white or green seafood broth.
- Mussels Zuppa** 10
Pei mussels sautéed with bermuda onions, scallions and tomatoes in your choice of a red or white seafood broth.

Salads

- House Salad** 7
Crisp garden greens with tomatoes, cucumbers, olives, julienne vegetables, your choice of dressing.
- Caesar Salad**8
House caesar dressing tossed with crisp romaine.
- Add Grilled Chicken**.....12
- Caprese Salad** 9
fresh mozzarella and garden tomatoes set over mesclun greens and finished with fresh basil and balsamic drizzle.
- Spinach Salad** 10
fresh baby spinach tossed with house balsamic vinaigrette, with gorgonzola cheese, roasted red peppers, dried cherries, carmelized onions, bacon and sliced apples.
- Chopped Salad** 10
Crisp romaine, capicola, genoa salami, spanish olives, bermuda onion, pepper rings, olives and tomatoes tossed with your choice of dressing.

Grilled Pizza

All one Size \$11

Old fashion

Pepperoni, sausage, fresh mozzarella and house gravy baked with romano and oregano.

Twist

Grilled chicken, roasted red peppers, spinach, caramelized onions, gorgonzola and mozzarella cheese.

Genovese

Basil pesto, vine ripened tomato and fresh mozzarella.

Four Cheese

Provolone, mozzarella, cheddar and goat cheese.

BBQ Chicken

Grilled chicken, mozzarella, caramelized onion and bacon smothered with bbq sauce.

Potato Pie

Mashed potatoes, cheddar-jack cheese, bacon, scallions served with sour cream.

Plain Cheese

House red sauce and mozzarella cheese

Saffron Risotto..... 19
 Pan seared shrimp with roasted red peppers, sun-dried tomatoes, mushrooms, and asparagus, in a creamy saffron risotto.

Roasted Garlic Shrimp18
 Sautéed shrimp with roasted red peppers, diced tomato and spinach in a roasted garlic cream sauce and served over gluten free penne.

Frutti di Mare21
 Shrimp, clams, mussels, and scrod simmered with herbs and spices set over gluten free penne (red or white).

Bolognese.....15
 Slow simmered pork, veal and beef in a hearty tomato sauce with romano cheese.

Chicken Gorgonzola 17
 Pan seared chicken with portabellas, sun-dried tomatoes, and scallions in a gorgonzola cream sauce tossed with gluten free penne.

Sirloin ala Mama.....23
 Grilled sirloin prepared to your liking and finished with a mushroom and garlic butter sauce, served with potato and vegetable.

Grilled Swordfish.....20
 Served with a spicy putanesca sauce and a side of saffron risotto and grilled asparagus

Vegetable Napoleon 16
 Fresh grilled zucchini, summer squash, red bell peppers, and portobello caps with oven roasted shallots and tomatoes finished with goat cheese and balsamic drizzle.

Chicken Napoleon 17
 Grilled chicken breast served over mashed potatoes and layered with portobello mushrooms, roasted red peppers and spinach and finished with a roasted garlic cream sauce.

Baked Scrod & Shrimp18
 Baked scrod fillet topped with sautéed shrimp, Bermuda onions, roma tomatoes and scallions and a roasted garlic cream sauce and potato and vegetable

Scrod Florentine18
 Baked scrod fillet topped with sautéed tomatoes and spinach in a lemon sherry butter sauce topped with melted mozzarella and served with potato and vegetable.

Chicken Limon..... 17
 Pan seared chicken with mushrooms, artichokes, and roasted red peppers in a lemon sherry demi topped with mozzarella and served over gluten free penne.

Mediterranean Pasta..... 16
 Roasted zucchini, summer squash calamata olives, roasted red peppers, asparagus and a roasted garlic white wine sauce, crumbled feta cheese and gluten free pasta.

Grilled Salmon* 19
 Grilled salmon with a lemon butter fresh dill sauce served with potato and vegetable.

