



Twist

WARWICK

GLUTEN FREE MENU

marra
restaurant group

Starters



Calamari 9...

Calamari a la Mama

Crispy fried squid breaded in quinoa flour, tossed with hot pepper rings and garlic butter.

Calamari Arrabiata

Crispy fried squid breaded in quinoa flour. Tossed in house pomodoro, hot pepper rings and black olives.

Hummus Platter.....9

House made chickpea spread served with cucumbers, feta cheese, kalamata olives, carrot sticks and celery sticks.

Caprese Salad.....9

Sliced vine ripe tomatoes, fresh mozzarella, balsamic reduction, extra virgin olive oil and fresh basil.

Crispy Chicken Wings.....8

Available in buffalo, BBQ, spicy BBQ or plain. Served with carrot sticks, celery sticks and ranch dressing.

Also available as crispy or grilled chicken tenders...add 2

Sesame Tuna Martini*.....10

Seared rare Ahi tuna, nori seaweed salad, cucumber-wasabi sauce and shaved ginger ice.

Pan Seared Sea Scallops.....11

Field greens, whipped goat cheese and crisp orange fennel slaw.

Clams Zuppa.....11

Little neck clams in a garlic white wine or red broth.

Salads



Mixed Greens 7

Mixed greens, cucumbers, grape tomatoes, julienne vegetables and alfalfa sprouts, served with your choice of dressing.

Traditional Caesar* 8

Chopped romaine tossed with our house made Caesar dressing and shaved Parmesan cheese.

Add: Steak* ...13 Chicken...11 Shrimp 12

Spinach Salad 10

Baby Spinach tossed in apple cider vinaigrette, candied pecans, goat cheese, caramelized onions, dried cherries, sliced apples and Port wine syrup.

Buffalo Chicken Salad..... 10

Grilled chicken, spicy pepper sauce, mixed greens, grape tomatoes, cucumbers, black olives, cheddar-jack cheese and ranch dressing.

Steak Salad* 14

Mesclun greens, red apples, roasted pumpkin seeds, goat cheese, Bermuda onions, julienned carrots and cranberry vinaigrette.

Greek Salad..... 8

Mixed greens, red onion, kalamata olives, feta cheese, sliced cucumbers, grape tomatoes and red wine vinaigrette.

Add: Steak* 13 Chicken..... 11 Shrimp..... 12

Entrees

New York Sirloin*21

14 ounce sirloin, garlic mashed potatoes, steamed broccoli, smoked mushroom & pancetta jus.

Sesame Encrusted Ahi Tuna*20

Mixed greens, goat cheese, mandarin orange-ginger dressing, toasted pine nuts and julienne carrots.

Grilled Tofu.....16

Balsamic herb marinated, quinoa salad, vegetable ratatouille, field greens, feta cheese and basil oil.

Grilled Salmon Fillet*20

8 ounce grilled salmon fillet, roasted garlic mashed potatoes, toasted pine nuts, roasted tomatoes, baby spinach, toasted garlic, extra virgin olive oil, goat cheese and balsamic reduction.

Spanish Paella20

Littleneck clams, shrimp, scallops, chicken, tomatoes, asparagus and saffron rice.

Herb Roasted Baked Cod16

Roasted garlic white wine butter sauce, rosemary roasted potato trio and steamed broccoli.

Leah's Salmon Curry.....18

Sautéed diced salmon, red curry coconut sauce, tomatoes, asparagus and jasmine rice cashews.

Seafood Pasta.....19

Littleneck clams, shrimp, roasted fennel, diced tomatoes, cannelloni beans, spinach, garlic, hearty red broth and rice noodles.

Consumer Advisory

Consumption of undercooked meats or seafood can cause food borne illness and is not recommended. Patrons of Twist restaurant are recommended to order meats or seafood cooked through. Items marked with * are considered potentially hazardous food items

Gluten Free Sandwiches

All sandwiches are served with choice of French fries, mashed potatoes, vegetable of the day or quinoa salad.

Or for an additional 2,
choice of salad or sweet potato fries.



Herb Roasted Turkey Breast 9

Red onion marmalade, baby spinach, herb infused goat cheese spread and sliced apples.

Grilled Cheese Sandwich 8

Brown rice bread, sun dried tomato pesto, mozzarella cheese, provolone cheese and balsamic reduction.

Tuna Salad 9

Traditional tuna salad, lettuce and tomato.

Grilled Chicken Sandwich 9

Leaf lettuce and sliced tomatoes with choice of: honey mustard, smokehouse BBQ sauce, garlic aioli or spicy BBQ.

Roasted Portabella & Brie 9

Garlic aioli, red onion marmalade, spinach and alfalfa sprouts.

Grilled Turkey Burger 9

Cranberry walnut aioli, red onion and baby spinach.

Cheeseburger Club Wrap* 9

Leaf lettuce, tomato, bacon and mayo.

Pizzas

Gluten Free...13



Old Fashioned

Pomodoro sauce, sausage, sliced pepperoni and Romano cheese.

Baked Potato Pizza

Garlic mashed potatoes, cheddar jack cheese and crispy bacon. Finished with scallions and a side of sour cream.

The Twist

Spinach, goat cheese, roasted red peppers, chicken, caramelized onion and mozzarella cheese.

Pizza Fresco

Sliced tomatoes, fresh mozzarella cheese, basil pesto and basil ribbons.

Sun Dried Tomato Pizza

Sun dried tomato pesto, goat cheese, artichoke hearts, mozzarella cheese and portabella mushrooms.

Buffalo Chicken Pizza

Buffalo sauce base, grilled chicken, cheddar jack cheese, mozzarella cheese, black olives, hot pepper rings and blue cheese dressing.

White Pizza

Extra virgin olive oil base, fresh mozzarella cheese, feta cheese, tomato, Bermuda onion and spinach. Finished with a balsamic reduction.

Whites

	Glass	Bottle
Montevina White Zinfandel Amador County, California - Sweet, pink	7	25
Principato Pinot Grigio Tre Veneza, Italy - Light, Crisp dry white	7	25
Banrock Station Chardonnay Australia - Medium bodied	7	25
Robert Mondavi 'Private Selection' Johannisberg Riesling Central Coast, California - Medium bodied, sweet fruit	8	29
Bivio Pinot Grigio Sonoma, California - Crisp dry white	9	33
Casa Lapostolle Sauvignon Blanc Chile - Medium bodied White	9	33
Hess Select Chardonnay Napa Valley, California - Full Bodied White	9	33
Hedges Cellars "CMS" White Washington State - Full Bodied, blended white		30
Dry Creek Fume Blanc Sonoma, California - Medium bodied White		33
Mohua Sauvignon Blanc Full Bodied White		33
DeLoach "Russian River" Chardonnay Russian River, California - Full Bodied White		37

Sparkling

Lunetta Prosecco (split)	8	
Piper Heidsieck (split)		18
Gloria Ferrer Blanc de Noir		37
Moët & Chandon Imperial		78

Reds

	Glass	Bottle
Penfolds "Rawson's Retreat" Merlot Australia - Medium bodied	7	25
Straccali Chianti Tuscany, Italy - Medium bodied dry spicy	8	29
Main Street Cabernet Sauvignon Napa, California - Full bodied	8	29
Wyndham Bin 555 Shiraz Australia - Medium bodied, spicy	8	29
Cono Sur Pinot Noir Vision Range, Chili - Medium bodied	8	32
Los Cardos Malbec Argentina - Full bodied, spicy	8	32
14 Hands Merlot North Coast, California - Full bodied	9	33
Folie à Deux Ménage à Trois "Red" Napa, CA - Full bodied, blended	9	33
7 Deadly Zins California - Full bodied, spicy	9	34
Clos du Bois Cabernet Sauvignon Sonoma, California - Full bodied	11	41
Bogle Petite Sirah Central Coast, California - Full bodied		33
Liberty School Cabernet Sauvignon Sonoma, California - Full bodied		33
Rutherford Ranch Merlot Napa, California - Full bodied		37
Coppola Director's Pinot Noir Willamette Valley, Oregon - Rich, medium bodied		39
Whitehall Lane "Bonmaritto" Cabernet Sauvignon Napa Valley, California - Full Bodied		45

Gluten Free Beer

Redbridge	5
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